





COLORADO

Office of Behavioral Health

Community Mental Health Services and Substance Abuse Prevention and Treatment Block Grants (MHBG and SABG)

- Noncompetitive block grants provided to states.
- Distributed by SAMHSA within HHS.
- OBH receives and administers MHBG and SABG funds.
- MHBG and SABG used for prevention, treatment, recovery supports and other services to *supplement* services covered by Medicaid, Medicare and private insurance.
- MHBG approx. \$13 million; SABG approx. \$29 million



Behavioral Health Planning and Advisory Council (BHPAC)

- MHBG requires states to have a planning and advisory council.
- Mental health council incorporated substance abuse services to form BHPAC.

• Duties:

- Review and recommend modifications to MHBG and SABG plans.
- Behavioral health advocacy for individuals, families, communities and the health care system.
- Provide holistic recommendations regarding the allocation and adequacy of behavioral health services in Colorado.



BHPAC Organization

Membership:

- At least 51% membership represent individuals with lived experience, family of individuals with lived experience or advocates;
- State agency participation (CDHS, CDE, CDLE/Voc. Rehab, DPS, DOLA); and,
- Public and private entities interested or involved in the behavioral health system.

BHPAC Committees:

- Membership, Prevention, Treatment, Recovery.
- Provide recommendations to BHPAC on assigned committee topic.



BHPAC's Value

- Almost 3 decades of planning and advisory experience.
- Personal experience allows for different perspectives on systems.
- Opportunity to promote positive changes.
- ~2 years of work on each recommendation.

Recovery Committee:

- Ideas and innovation, rather than only focus on barriers.
- Recovery Services in all areas along continuum of care.
- "Get better faster and stay better longer"





Recovery

Julie A. Corbett, Co-Chair

Behavioral Health Planning and Advisory Council (BHPAC)

August 13, 2109

What is Recovery?

According to the United States Department of Human Services Substance And Mental Health Services Administration (SAMHSA):

> "a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential."



4 Major Components Supporting Recovery

- 1. Health
- 2. Home
- 3. Purpose
- 4. Community

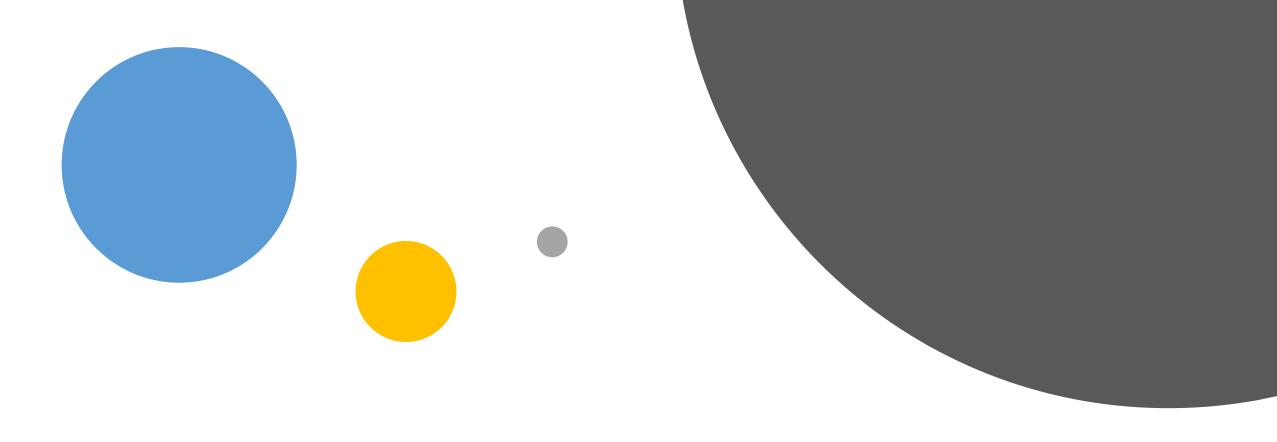
According to the United States Department of Human Services Substance And Mental Health Services Administration (SAMHSA):











Recovery Recommendations

As determined by the Recovery Committee of the Behavioral Health Planning and Advisory Council (BHPAC)

June 6, 2019

1. Tenancy Support

 Funding case management to assist individuals with housing and wrap around services.

Case management could provide:

➤ Housing resources and assisting with application processes

Assistance with how to work with housing landlords and authorities when a past felony charge is involved

➤ Resources for tiered services - inpatient, outpatient, sober living, independent living

➤ Transition support from sober living to independent living through utilizing tools such as the app "MySoberRoommate" for finding a reliable, safe roommate in recovery



2. Supported Employment

 Employment is a major provision of purpose, and as substance use is a criminalized behavior, felony records create a barrier to employment.

• 65% of individuals with significant mental illness (SMI) want to work, *however* only 1.2% have access to an evidenced-based supported employment program.

 The Colorado Office of Behavioral Health is a statewide and national leader in promoting an evidence-based, supported employment program called IPS or Individual Placement & Support.



Supported Employment IPS Expansion

Currently, IPS has only been implemented in 11
Community Mental Health Centers (MHCs) in Colorado.

 According to the Thrive Center, there are seventeen community mental health centers (CMHCs), five Behavioral Health Organizations (BHOs) and six specialty clinics in the state of Colorado.

 We recommend expanding the IPS programming to all MHCs AND into other organizations to promote purpose and support recovery more broadly.



3. Recovery Support Services

- Incorporate Recovery Support Services at the onset of identification of a substance issue and throughout the process of treatment and recovery.
- Provide funding for training for peer recovery coaches as well as scholarships for advanced CAC training.
- Create "Recovery-Ready Communities" including:
- ➤ Alternative Peer Groups
- ➤ Jail and Prison-based Recovery Support
- ➤ Peer Recovery Coaching
- ➤ Medication Assisted Recovery Support
- > Recovery Community Centers



Questions?

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BHPAC Website:

https://www.colorado.gov/pacific/cdhs-boards-committeescollaboration/behavioral-health-planning-and-advisory-council

